

Consumer Leadership Institute

Sept. 11, 2008
Lunch 11:30 a.m.

Workshop: 1-4 p.m.

By Daniel Fisher, MD, PhD
National Empowerment Center



Sponsored by:

Mental Health & Recovery Boards
of
Ashland County
Richland County
Wayne/Holmes Counties

Mental Health & Recovery Board
1605 County Road 1095
Ashland, Ohio 44805
www.ashlandmhrb.org

Consumer Leadership Institute
RSVP by September 1, 2008

Name: _____
Organization: _____
Address: _____
Telephone: _____ Cell# _____
E-Mail: _____

Please mail this form to:
Mental Health & Recovery Board
1605 County Road 1095
Ashland, Ohio 44805
Questions? Call Sandy at
419-281-3139

Purpose

The purpose of the Consumer Leadership Institute is to offer specialized training specifically aimed at consumers of mental health services. The institute will build on the themes of *Creating Community and Active Citizenship*. The institute will also focus on the 12 P's of Empowerment.

Creating or building community is a process of finding a place of belonging, sharing our stories, making consensual decision, built upon respect of all individuals and inclusive of difference. *Active Citizenship* is changing one's community through involved participation to improve life for all.

12 P's of Empowerment

Personal Connections
Passion
Principles
Practical Plan
Purpose
Persistence
Positive Attitude
Presence
Presenting Publicly
Persuasion
Partnership
Politics

Location & Registration

Mental Health & Recovery Board of Ashland County
1605 County Road 1095
Ashland, Ohio 44805

Use registration form on the back of this brochure to register.

Questions: Mental Health & Recovery Board at (419) 281-3139.

Consumer Leadership

Leadership development and ensuring a living wage for work in this area are significant issues that challenge current leaders, and affect our ability to nurture the next generation of consumer leaders.

Developing and sustaining a successful statewide organization takes strong leadership, processes which are inclusive and respectful, adequate funding, and, above all, a clear vision of the importance of speaking for ourselves and building structures that allow people to live more satisfying lives.

Part of good leadership is to help others feel empowered and to nurture new leaders



Recovery involves reconnecting, being believed in, believing in oneself, and becoming empowered enough to resume one's cycle of transformation and spiral of development. It means (re)gaining a major social role, such as student, worker, parent, and/or tenant.

Dr. Daniel Fisher

Daniel B. Fisher, M.D. Ph.D.

Recovery Through Personal Assistance in
Community Existence (PACE)

Dan received his AB from Princeton, his PhD from the University of Wisconsin and his M.D. from George Washington University. He completed his residency at Harvard Medical School. He is Executive Director of the National Empowerment Center and a practicing psychiatrist.

Dan is a person who has recovered from schizophrenia. He was hospitalized several times prior to becoming a psychiatrist. He is one of the few psychiatrists in the country who publicly discusses his recovery from mental illness. He is a role model for others who are struggling to recover, and his life dispels the myth that people do not recover from mental illness. His recovery and work in the field were recognized by his selection as a member of the White House Commission on Mental Health.

Dan travels to all parts of the country to conduct workshops, give keynote addresses, teach classes, and organize conferences for consumers/survivors, families, and mental health providers to promote recovery of people labeled with mental illness by incorporating the principles of empowerment.

For Additional Information Contact

The Mental Health & Recovery Board
of Ashland County
(419) 281-3139

www.ashlandmhrb.org